basic cambelt change guide mk2 5 focus 1 6 tdci ford - no problem i m not a huge fan of the haynes guides tbh they seem to over complicate things and the black and white pictures often aren t very clear, ford cars parts and spares for old fords - listed below are all the adverts placed for fords within the modern car parts section on occ pulling together ads that have been placed on the existing specific ford model pages to view any of these ads in full or add your own advert simply visit the relevant model page on there you ll find all the ads for that particular model in greater detail and also details on how to place your own